

Hawaii Marine

Multinational peacekeeping exercise begins in Mongolia

Sgt. Ben Eberle
U.S. Marine Corps Forces, Pacific

FIVE HILLS TRAINING AREA, Mongolia — Exercise Khaan Quest, one of the world's largest training exercises focused on peacekeeping operations, officially started as military leaders and senior government officials from the U.S., Mongolia and other regional partners gathered at Five Hills Training Area Aug. 3.

This year marks the 11th iteration of the annual exercise, which has played a part in training thousands of service members from around the world in peacekeeping and stability operations.

"Khaan Quest has become one of the signature training events for the participating nations," said Lt. Gen. Ts. Byambajav, Chief of General Staff for the Mongolian Armed Forces. "At this moment we have more than 150,000 international peacekeeping troops performing their duties overseas ... this is a result of the Khaan Quest exercises."

Approximately 1,000 military personnel from 13 nations are taking part in both a platoon-level field training exercise, enhancing PKO skills for multinational troops on a tactical level, and a battalion-level command post exercise, which sharpens decision-making capabilities during peacekeeping operations by exercising scenario-based missions.

In addition to the FTX and CPX, service members are also conducting joint-combined engineering civic action program projects, cooperative health engagements and medical subject-matter expert exchanges in and around Ulaanbaatar.



Sgt. Ben Eberle | U.S. Marine Corps Forces, Pacific

A Member of the Mongolian Armed Forces 234 Cavalry Unit, performs on horseback during the opening ceremony of Exercise Khaan Quest in Five Hills Training Area, Mongolia, Aug. 2. Khaan Quest is an annual multinational exercise sponsored by the U.S. and Mongolia, and it is designed to strengthen the capabilities of U.S., Mongolian and other nations' forces in international peace support operations.

Navy Adm. Samuel Locklear, commander of U.S. Pacific Command, joined the Honorable Ms. Piper Campbell, U.S. Ambassador to Mongolia, as part of the international delegation at the opening ceremony. He emphasized the importance of building interoperability between the participating nations.

"It's all about moving forward together," said Locklear. "So as we begin this very impor-

tant exercise, I ask each and every one of you to foster the understanding and trust that the world will depend upon."

Following remarks from Mongolian Prime Minister Norovyn Altankhuyag, platoons from Mongolia, Nepal, South Korea, Tajikistan and the U.S. conducted a pass in review, saluting the international delegation as they marched by, while

Mongolian paratroopers slowly descended into a nearby field.

The ceremony concluded with a performance by MAF cavalry troops, displaying precision and riding expertise as they executed drill movements on horseback.

Despite mostly sunny skies, a light drizzle began to fall as U.S.-Mongolian military leadership toured the area after

the ceremony. In Mongolia, Byambajav explained to Locklear that it is a sign of good luck when a visitor brings rain.

Judging the way this year's Khaan Quest exercise has started, it appears that luck might be on their side.

"As far as peacekeeping exercises go, this is one of the best in the world," said Locklear. "And I'm sure it will only get better."



Petty Officer 1st Class Rouel Agustin | Construction Battalion Maintenance Unit 303 Detachment Pearl Harbor

Construction Battalion Maintenance Unit 303 Detachment Pearl Harbor Seabees work on the frame for a new cottage along the shores of Kaneohe Bay. The unit recently completed the cottage for Marine Corps Base Hawaii.

Seabees build cottage, skills aboard MCBH

Christine Cabalo
Marine Corps Base Hawaii

Construction Battalion Maintenance Unit 303 Detachment Pearl Harbor recently completed reconstruction of a historic recreational cottage overlooking Kaneohe Bay.

Marine Corps Base Hawaii commemorated its completion in a ceremony, Aug. 2. The two-story retreat replaces an older wooden cottage built in January 1972 by Navy Seabees from Naval Construction Battalion 133 of Gulfport, Miss.

"This was a once-in-a-lifetime opportunity to do a project that honors the original Seabee cottage as well as honors the Seabees' long partnership with Marines," said Navy Lt. John Daly III, the resident

officer in charge of construction for Naval Facilities Engineering Command Hawaii and the detachment's previous officer in charge.

Seabees began work on the new building in September 2011, after maintenance workers in 2008 discovered the older cottage had asbestos tiles and lead-based paint. The only areas left from the original structure are sections of the concrete sidewalk. Daly said the new cottage uses safer, modern materials that are durable in Hawaii's climate.

"The siding of the new cottage is made from fiber cement," said Petty Officer 1st Class Rouel Agustin a builder from the detachment and the project supervisor. "This can stand up better to

See SEABEES, A-7

Tour through history: MRF-D Marines experience Australian military museum

Sgt. Sarah Fiocco
Marine Rotational Force Darwin

DARWIN, Northern Territory, Australia — The Australian American Association, Northern Territory, invited Marines with Marine Rotational Force Darwin to tour the Darwin Military Museum, Sunday.

The strong Australian and American bond is evident throughout the museum. During their visit, Marines viewed tributes to the U.S. such as a memorial for fallen allied troops in the Northern Territory during World War II and an American flag flown in memory of those sacrifices.

"American science-fiction writer Robert Heinlein once coined the term, 'strangers in a strange land.'"

See HISTORY, A-7

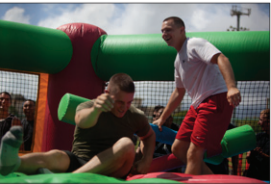


Sgt. Sarah Fiocco | Marine Rotational Force Darwin

Lance Cpl. Samuel Garza, rifleman, first platoon, Lima Company, 3rd Battalion, 3rd Marine Regiment, Marine Rotational Force Darwin, looks at the "Americans in the Top End" display at the Darwin Military Museum, Sunday.



'Raindrops keep fallin' on my head,'
Competitors brave rain for weekend triathlons, **B-1**



Sports on the battlefield
'Scarface' wins 3rd annual 101 Days of Summer Unit Field Meet, **C-1**

Saturday
High 84°
Low 74°

Sunday
High 84°
Low 74°

NEWS BRIEFS

Limited NHCH services today

All Naval Health Clinic Hawaii healthcare will be closed starting at 11:30 a.m. today. This includes all medical and dental facilities at Branch Health Clinics Makalapa, Camp H.M. Smith, Wahiawa, Kaneohe Bay and shipyard medical and dental services will be provided from 7:30 to 11:30 a.m. All clinics will re-open for regular business hours Monday. For NHCH hours of operation, visit <http://www.med.navy.mil/sites/nhch>. Beneficiaries can speak to a healthcare provider at any-time the clinics are closed by calling the “Provider After-Hours Advice Line” at 473-0247, ext. 3. For emergencies, dial 911 or go to Tripler Army Medical Center. For active duty dental emergencies, dial 864-4705.

Finance Office relocated

The Finance Office is temporary relocating, due to renovations of its main office. Finance personnel will continue to provide services. However, all business will be conducted in Room 74 of building 216. All business through Defense Travel Management Systems will continue as usual. This relocation will continue through the rest of the month. Personnel will return to their regular work space around the middle of September. All phone numbers will remain the same. For more information, call Master Sgt. Herman Nickson, the base finance chief at 257-7751.

Heroes and Healthy Families offering retreat

Heroes and Healthy Families is offering a free relationship enhancement retreat for couples, Sept. 7, from 10 a.m. to 2 p.m. at the Fairways Ballroom of Kaneohe Klipper Golf Course. Free child care is provided (child care registrations accepted until Wednesday). Space is limited, so register at <http://www.HeroesandHealthyFamilies.org>. Call Florence Yamashita at 257-7776, with questions.

Lawrence Road to close for repaving

Repaving of Lawrence Road between Mokapu Road and McClennan Drive will start Aug. 26. The project is scheduled for three weeks, weather permitting. Working hours will be from 7:30 a.m. to 4 p.m. Warning and vehicle message boards will be posted one week in advance of work and during the duration of work. The new traffic plan will be posted in the Hawaii Marine as the start date approaches. Call 257-1159 or 257-5841.

Feds Feed Families program seeking donations

The Chaplain Joseph W. Estabrook Chapel staff is organizing the Feds Feed Families program again this year. This program is a voluntary effort to collect canned and non-perishable food for Hawaii’s major food banks. During August, bring food donations to the collection bins in the entrance way of the chapel sanctuary or the chapel office. There are also collection bins at the base commissary. For inquiries, contact Chaplain Bob Crabb at 257-2734, or robert.crabb@usmc.mil.

Relocation Assistance Program relocated

The Relocation Assistance Program and Lending Locker are now located in building 140 (1st and E Streets across from building 279). For details, call 254-7681.

Marine Corps Family Team Building relocated

Marine Corps Family Team Building is now located in building 244. To reach Readiness and Deployment Support, the Lifestyles, Insights, Networking, Knowledge and Skills or LifeSkills programs, call 257-7787.

Important phone numbers

On-base emergencies	911
Child Protective Service	832-5300
Fraud, Waste, Abuse & EEO	257-8852
Base information	449-7110
MCB Hawaii Chaplain	257-3552
DEERS	257-2077

Hawaii Marine

www.mcbhawaii.marines.mil

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PMO enforces ‘Back to School’ traffic campaign

News Release

Marine Corps Base Hawaii

The Provost Marshal’s Office is executing the “Back to School Zero Tolerance Traffic Enforcement Campaign,” focusing on school bus stop zones and school speed zones.

The enforcement campaign will run throughout the school year. This enforcement will take place in and around school zones, pick up and drop off, and crosswalk locations.

The campaign will specifically target speeding, running stop signs, traffic lights and passing stopped school buses. The campaign will target

traffic violators as well as educate and raise “Back to School” awareness.

Specifically on Marine Corps Base Hawaii, the new pick up and drop off point is located at the youth center on Lawrence Road. The crossing guard locations are at the crosswalks of Mokapu Road, Lawrence Road and Pancoast Place. Parents are strongly encouraged to walk their children to and from school ensure they are transiting safely and relieve the traffic in the area.

The Provost Marshal’s Office encourages parents to take the time to talk with their children about school safety. If you have any questions or concerns, contact the Provost Marshal’s Office Traffic Enforcement Section at 257-6987.



Sgt. John Ewald | U.S. Marine Corps Forces, Pacific

Sgt. Ts. Galmunkh, a member of the 065 Communication Unit, Mongolian Armed Forces, sets a trap while being observed by Cpl. Justin Haish, an instructor for the Khaan Quest 2013 survival course and assigned to the Jungle Warfare Training Center in Camp Gonsalves, Okinawa, Japan, Aug. 7.

MAF, US Marines exchange expertise through survival training

Sgt. Ben Eberle

U.S. Marine Corps Forces, Pacific

FIVE HILLS TRAINING AREA, Mongolia — Wolves, snakes, high altitude and steady rain that just doesn’t seem to stop.

Nine days of roughing it in the unforgiving Mongolian steppe isn’t exactly a stay at the Hilton, but it has provided troops from two very different militaries an opportunity to learn from one another, pick up valuable survival techniques and develop mutual respect.

U.S. Marines from the Jungle Warfare Training Center in Camp Gonsalves, Okinawa, Japan, honed their survival techniques alongside Mongolian Armed Forces soldiers, Aug 4 through 12.

“We came out expecting to teach them, but we’ve also learned a lot,” said Cpl. Brian M. Ashworth, who has 11 months of experience at JWTC and is serving as the lead instructor for the survival course. “For example, the way they cook meat, and the way they preserve it to make it last longer, they already have solid survival skills.”

The survival course is a new edition to the Khaan Quest series of exercises, now in its 11th iteration,

hosted by the MAF with co-sponsorship alternating between U.S. Army Pacific and U.S. Marine Corps Forces, Pacific. MarForPac is the U.S. executive agent for this year’s exercise.

During the training, three Marine instructors and 33 MAF non-commissioned and commissioned officers are standing up field shelters, making and setting traps, building and using field weapons, traversing rivers with rope bridges, patrolling, conducting land navigation, and learning first-aid techniques.

All of this is happening far away from any formal military classroom, and far away from any hard shelter.

The combined U.S.-Mongolian team started setting up camp in the afternoon, Aug. 4. The rain started falling early the next morning, and it didn’t stop for more than 24 hours. Bonds often form through hardship, and the Marine instructors took note when the MAF soldiers rebuilt their rain-soaked and smoldering campfire before dawn Aug. 6.

“I see friendships, all the time we’ve spent together, we’ve gotten really close,” said MAF Senior Sgt. Ch. Batbold, a mem-

ber of 330th Infantry Battalion. “(The Marines have) taught many things that we didn’t know, and hopefully they’ve learned some good things from us.”

The troops broke down the camp Aug. 10 and patrolled to the river, where they hoped to find food.

“We’re going to try to teach them how to fish, though they’re probably going to end up teaching us more,” joked Cpl. Evan Fricke, also an instructor with JWTC from Idaho Falls, Idaho.

The combined MAF-U.S. platoon covered a significant amount of ground by foot during the training, setting up patrol bases at night as they moved through Five Hills Training Area. They rejoined the rest of the field training exercise before Khaan Quest’s closing ceremony, Aug 14.

The Marines and Mongolian soldiers focused on picking up new tactics, techniques and procedures from one another, as well as surviving whatever the Mongolian wilderness sent their way.

“Hopefully we don’t ever get into a situation like this,” said Ashworth, from Bellbrook, Ohio, “But if we do, we’ll know what to do.”

CHILDREN STRIKE IT BIG DURING SUMMER BOWLING CLINIC



Christine Cabalo | Hawaii Marine

Mackenzie Chorzelewski (left) and Natalia Novillo collect their bowling balls before rolling another set, July 31. The two were among the 10 clinic participants who also toured the pin-setting machines at the back of K-Bay Lanes.

AROUND THE CORPS

Commander in chief visits Camp Pendleton

Cpl. Brianna Turner
Marine Corps Base Camp Pendleton

MARINE CORPS BASE CAMP PENDLETON, Calif. — “Ooh-Rah” echoed through the air as Commander in Chief, President Barack Obama, took the stage to address thousands of service members and their families at the Marine Corps Air Station aboard Marine Corps Base Camp Pendleton, Aug. 7.

Obama discussed many topics like the war in Afghanistan and the wounded warrior program. He also expressed his appreciation for the armed services.

“My family and I have a special place in our hearts for the Marine Corps,” Obama said. “The more Marines that I am around, the better I like them. I see your honor, I see your courage and I see your commitment; whether you are protecting our diplomatic posts around the world, preparing to deploy to Iraq or Afghanistan, or recovering from wounds you received in battle.”

Just as Obama said he was happy to see the Marines, the crowd reciprocated with a roaring applause and cheers for their commander in chief.

“I think it is pretty exciting for the president to come out here, we always see him on TV, so for him to be here in person is pretty cool,” said Cpl. Randall Kerry, an assaultman with 1st Reconnaissance Battalion.

Obama began his speech with information about the war in Afghanistan, which has become America’s longest war.

“I am here because, for more than a decade, you and all our men and women in uniform have worn the burden in this time of war,” Obama said. “We have recently marked another milestone in this war. As of this past year, it is the first time the Afghan forces have taken the lead in security across their entire country. What

that signals is that our war in Afghanistan has entered its final chapter; more troops are coming home. We will be down to 34,000 this winter, by the beginning of next year the transition will be complete. Afghans will take full responsibility of their security and our war in Afghanistan will be over.”

Obama credited the accomplishments of the war to the service members and showed his appreciation, stating that none of this progress would have been possible without them, especially the Camp Pendleton Marines.

“When future generations study those fights, they will stand in awe of the unparalleled sacrifice of the 3rd Battalion, 5th Marines,”

Obama said. “Because of you, the 9/11 generation, we are accomplishing what we set out to do. Because of you Osama bin Laden is no more, the core of Al Qaeda in Afghanistan and Pakistan is on their way to defeat. That happened because of you. Because of you the Afghans are training and stepping up to defend their own country. Because of you we are going to make sure that (Afghanistan) is never again a source of attack against our country.”

Obama also took time to remember the service members who have lost their lives during this time of war.

“Today we hold close the memory of all who made the ultimate sacrifice, this includes 326 fallen heroes from Camp Pendleton,” said Obama. “We honor all of them and we stand with their families. We are grateful to them, they have giv-



Cpl. Brianna Turner | Marine Corps Base Camp Pendleton

Commander in Chief, Barack Obama, addresses thousands of service members during his visit to the to the Marine Corps Air Station, Aug. 7.

en a piece of their heart to America and America will always honor the sacrifice.”

The wounded warrior program was another topic of discussion during the visit.

“Here at Pendleton you are doing outstanding work with your wounded warriors,” Obama said. “For those who can, we want to get our troops back to where they want to be, back to their units. For those with traumatic brain injuries, we are going to keep making investments in new care and treatments, for those suffering from post traumatic stress we are going to keep saying, as loud as we can, it is not a sign of weakness to ask for help; it is a sign of strength.”

The Marines in the audience appreciated the chance to see Obama and hear what is in store for the Corps’ future.

“I think it is a great thing for him to

be here,” said Sgt. Maj. Rudy Arietta, 3rd Marine Air Wing sergeant major. “He is obviously very knowledgeable about the military and the Marines and it means a lot for the Marines to see him come and address them.”

The commander in chief wrapped up his visit with a reminder of what the nation stands for.

“The United States is never going to retreat from the world, we don’t get terrorized,” said Obama. “We are gonna keep standing up to our enemies. We’re gonna keep standing up for the security of our citizens. We’re gonna keep standing up for human rights and dignity for people wherever they live, and like generations before us, the United States of America is going to remain the greatest force of freedom the world has ever known.”

MCAS Cherry Point engages in Exercise Sudden Crisis 2013

Pfc. Unique Roberts
2nd Marine Aircraft Wing

MARINE CORPS AIR STATION CHERRY POINT, N.C. — The Mission Assurance Branch with air station operations held the annual Exercise Sudden Crisis 2013 exercise aboard Marine Corps Air Station Cherry Point Aug. 6.

Sudden Crisis is conducted annually to evaluate the ability of Cherry Point first responders and other personnel to dispatch appropriate emergency response assets. The exercise was also used to establish a Unified Command Post and stand up the Emergency Operations Center to conduct and support the response to multiple incidents occurring simultaneously at different locations aboard the installation.

This training plays a vital role in maintaining and improving the air station’s ability to respond and successfully handle critical incidents. More than 100 participants took part in this exercise.

“Sudden Crisis better prepares the first responders because it allows them to get a good training opportunity,” said Steven Dancer, the senior controller and lead planner with command and control. “It creates an atmosphere that makes different agencies that usually don’t work together work together during a simulated incident much like a sudden crisis.”

Interoperability among agencies is key to installation preparedness, said John A. Cass, an instructor for Regional Chemical Biological Radiological Nuclear High Yield Explosive Equipment Training Team.

“Department of Defense installations need to be able to respond and react



Pfc. Unique Roberts | 2nd Marine Aircraft Wing

A paramedic with Fire Department 3 and Marines with Marine Transport Squadron 1 participate in Sudden Crisis 2013 Aug. 6, responding to a car crash scenario with multiple casualties.

well,” said Cass, “Exercising all the things they have been trained to do and how to respond presents a time to find all the ‘holes in the wire.’”

Two scenarios provided realistic training to the Provost Marshal’s Office, Cherry Point Fire and Emergency Services, Marine Transport Squadron 1 and special staff members.

During the first scenario, a two-vehicle accident resulted in several injuries and a fuel spill, Cass said.

Cherry Point Fire and Emergency Services, VMR-1, and paramedics successfully responded, triaged patients according to the severity of their injuries and provided appropriate treatment.

Simultaneously, personnel assessed the extent of the spill and swiftly executed clean-up procedures to minimize environmental impact.

“After assessing the patients we then transported one of the casualties over to Pedro (VMR-1’s HH-46 search and rescue helicopter) so he could be transported to

a neighboring hospital to receive emergency care,” said Jeremy P. Misenhelder, a paramedic with Fire Station 3.

In the second scenario, the driver of a second fuel truck diverted his vehicle to the flight line and began to barricade himself inside the vehicle. The air station stood up the EOC and military law enforcement cordoned off the area and worked to diffuse the situation.

Ultimately, the exercise participants performed exactly as they would be expected to in real-world crises, Dancer said.

“The first responders did an excellent job responding to the different situations that they were given,” he said.

Marine Wing Support Squadron 171 prepares for ITX

Cpl. Joseph Karwick
Marine Corps Air Station Iwakuni

MARINE CORPS AIR STATION IWAKUNI, Japan — Marine Wing Support Squadron 171 prepares to head out to Marine Air Ground Task Force Training Command Twentynine Palms in California for an integrated training exercise to better train its Marines in an expeditionary environment. MWSS-171 plans to deploy its forces to California as a squadron-sized force.

“The integrated training exercise allows MWSS-171 to deploy as a squadron and accomplish all of its mission essential tasks in a single field training evolution,” said Lt. Col. Howard Eyth, MWSS-171 commanding officer. “The great advantage to our going to ITX this time is that we not only get to fill the aviation ground support role for Marine Aircraft Group 14 during ITX 6-13, but we also get to deploy a large number of our Marines to focus on unit-level training.”

With more than 80 military occupa-

tional specialties included in MWSS-171, the squadron plans to bring as many as they can for the exercise.

“We need motor transportation assets to transport materials around the forward operating base, engineers to build the berms and station, we need com guys for constant communication,” said Capt. Roy I. Agila, MWSS-171 S-3 officer. “Also, it gives us the chance to go to a place where there is no airfield and set up a FOB so we can maintain the airfield.”

With their area of operations being mainly the south pacific region, MWSS-171 looks to expand their operational capacities in different environments to prepare for any situation.

“We are an aviation ground support unit that does not have a ground location to train on here in Iwakuni,” said Agila. “So we will take every opportunity we can to train in California. In California, there is every opportunity to train in whatever we want to.”

Though MWSS-171 is an aviation support squadron, there are times when aviation support Marines have been called



Courtesy photo

Lance Cpl. Mark Karwatka and Cpl. Joshua Velasquez, motor vehicle operators with Marine Wing Support Squadron 171, hook up a humvee to tow back to their compound in an vehicle recovery exercise near the Combat Center’s Noble Pass training area Sept. 11, 2012.

to action on the ground.

“Every Marine is a rifleman, a modern day prime example of that is ... Bad guys infiltrated the wire in Camp Bastion,

and who stopped them. The air wing guys, not the grunts,” said Maj. Gary F. Humphries, MWSS-171 squadron operations officer.

‘Make ready!’

Kaneohe Bay offers recreational fire

Story and photos by
Lance Cpl. Suzanna Knotts
Marine Corps Base Hawaii

The Kaneohe Bay Range Training Facility hosted a recreational fire event for eligible personnel to promote marksmanship and safety, Aug. 9.

The event was open to all active duty, reserve and retired military members plus two guests, as well as law enforcement, Department of Defense civilians and contractors who work on Marine Corps Base Hawaii. Children as young as 14 could participate with adult supervision.

Bob Smith, an instructor with the Anti-terrorism Center on Ford Island and Kaneohe resident, said he thinks the Kaneohe Bay RTF is the most beautiful range in the country.

“This is a wonderful place to come shoot,” Smith said. “I have a great opportunity to bring my kids and teach them firearm safety.”

Attendees were allowed to bring their own weapons, and the range also supplied M4 rifles and M9 pistols. Pistols and revolvers were restricted to .45-caliber and below and rifles and shotguns were restricted to .50-caliber and below.

Gunnery Sgt. Eugenio Ramirez, the range safety officer for the event and native of Los Angeles, said there were approximately 170 people in attendance.

“We saw mostly shotguns, pistols and revolvers,” Ramirez said. “Some people buy a gun not knowing how to use it, and this event allows us to teach people safety and how to use their weapon. If you know how to handle a weapon, you’ll be less likely to hurt yourself or someone else.”

Smith said the event also provided family bonding time for him and his two children, Shaiann and Jacob.

Shaiann Smith, a 16-year-old Sacred Hearts Academy student, said the event was “cool” because not many people her age get to experience it.

“None of my friends have done something like this,” she said. “I get to come out here and learn how to shoot and be safe. I’ve learned to not point my weapon at anyone and to keep my finger off the trigger until I fire.”

Jacob Smith, 20, said he enjoys shooting



Bob Smith, (right) an instructor with the Anti-terrorism Center on Ford Island and Kaneohe resident, shoots with his son during a recreational fire event at the Kaneohe Bay Range Training Facility, Aug. 9.



Bob Smith, (center) an instructor with the Anti-terrorism Center on Ford Island and Kaneohe resident, shoots with his children during a recreational fire event at the Kaneohe Bay Range Training Facility, Aug. 9.

and being with his family.

“Every time I shoot with my dad I get better with trigger control,” he said. “My aiming also improves. I’m glad we have the opportunity to come out here and experience this.”

Bob Smith said it’s great that MCB Hawaii

has an event like this, which is not offered at other installations on island.

“I love that my kids can come on this base and see what the military is about,” Smith said. “I think it’s important for them to see all of Hawaii, especially the military presence.”



ABOVE: Bob Smith, an instructor with the Anti-terrorism Center on Ford Island and Kaneohe resident, helps his daughter shoot during a recreational fire event at the Kaneohe Bay Range Training Facility, Aug. 9.

LEFT: Neal Jensen, a former Marine corporal, provides support to U.S. Coast Guard Chief Petty Officer Michael Baxter as Baxter shoots during a recreational fire event at the Kaneohe Bay Range Training Facility, Aug. 9.

BELOW: Attendees practice shooting during a recreational fire event at the Kaneohe Bay Range Training Facility, Aug. 9. The event was open to all active, reserve and retired military member plus two guests, as well as law enforcement, Department of Defense civilians and contractors who work on Marine Corps Base Hawaii.





Cpl. Barry Morehart, automotive mechanic, Lima Company, 3rd Battalion, 3rd Marine Regiment, Marine Rotational Force Darwin, prepares a D1158 Humvee for a new transmission, July 30. Automotive mechanics like Morehart will spend the next few weeks repairing four humvees in preparation for Exercise Koolendong, which will take place aboard Bradshaw Field Training Area in the beginning of September.

On the mend: MRF-D mechanics repair humvees

Story and photos by
Sgt. Sarah Fiocco

Marine Rotational Force Darwin

ROBERTSON BARRACKS, Northern Territory, Australia — The automotive mechanics with Lima Company, 3rd Battalion, 3rd Marine Regiment, Marine Rotational Force Darwin, do not repair average vehicles found on most highways.

Instead, these Marines spend their time mending 6,000-pound D1158 Humvees in preparation for Exercise Koolendong, the largest Marine Corps and Australian Army joint training evolution this rotation, which will take place aboard Bradshaw Field Training Area in the beginning of September.

“Our job is to get the trucks up and running,” said Sgt. Justin Frazier, maintenance chief, Lima Co., 3rd Bn., 3rd Marines, MRF-D. “We’re here to make sure the company can be mobile.”

The training area is approximately 870,000 hectares with ranges located all over the land. With so much ground to cover in order to reach training sites, it is important the Marines have transportation.

“They’ll have a way to get to each range instead of walking for miles,” Frazier explained. “It will also give them a way to transport food and water to different locations.”

Without the mechanical knowledge of these Marines, the company would have to rely on only two humvees for transportation

of personnel and supplies. This would hinder the training potential of almost 200 Marines in the company.

“Since we got here, we’ve fixed two additional trucks,” said Frazier. “If the company needed to leave today, they would have four functioning trucks.”

Enthusiasm and general interest in vehicles doesn’t hurt when it comes to fixing the humvees, and that’s exactly the attitude of the mechanics with MRF-D.

“When I was a civilian, I used to work on cars in a shop,” said Cpl. Barry Morehart, automotive mechanic, Lima Co., 3rd Bn., 3rd Marines, MRF-D. “I really like what I do.”

With the dedication and elbow grease of these automotive mechanics, the company has doubled their transportation capabilities. Throughout the next month, they will continue to fix an additional four humvees, which will allow the company to transport personnel and supplies during their last field training exercise in Australia.

Cpl. Christopher Sexton and Cpl. Barry Morehart, automotive mechanics, Lima Company, 3rd Battalion, 3rd Marine Regiment, Marine Rotational Force Darwin, change the belt tensioner on a D1158 Humvee, July 30. Automotive mechanics like Sexton and Morehart will spend the next few weeks repairing four humvees, in preparation for Exercise Koolendong, which will take place aboard Bradshaw Field Training Area the beginning of September.



MARINE CORPS BASE HAWAII CELEBRATES WORLD BREASTFEEDING WEEK

Attendees socialize while waiting for the “Big Latch On” at Mokapu Mall, Aug. 2. The “Big Latch On” consists of mothers coming together in one location to simultaneously breast-feed their children to support breast-feeding mothers and breast-feeding awareness. In honor of World Breastfeeding Week, which ran from Aug. 1 through 7, the New Parent Support Program, the Exceptional Family Member Program, Navy-Marine Corps Relief Society and the Breastfeeding Support Group gathered at Mokapu Mall to offer resources and information on their respective programs as well as host the “Big Latch On.” Since the first event of its kind by the Women’s Health Action Trust in New Zealand in 2005, mothers across the nation have also participated in “Big Latch On” events.



Kristen Wong | Hawaii Marine

Commissaries return to normal hours Aug. 18-24

Press Release

Defense Commissary Agency

FORT LEE, Va. — Military commissaries worldwide will return to normal operating schedules Aug. 18 through 24, said the director and CEO of the Defense Commissary Agency.

The DeCA announcement comes in the wake of the Department of Defense’s Aug. 6 decision to curtail furloughs of its civilian workforce from 11 to six days. “This is welcome news for us all,” said Joseph H. Jeu. “Our stores will return to their regular schedules

after Aug. 17. I encourage our patrons to check the DeCA website for their commissary’s operating hours. “We recognize the disruption that furloughs presented to our patrons as far as access to their commissary benefit,” he added. “We also understand the economic hardships many of our employees faced with the pay they lost during the furlough period.” Since July 8, the one-day-per-week furloughs impacted all of DeCA’s more than 14,000 U.S. civilian employees worldwide. With the end of furloughs, Jeu asked patrons to be patient as product delivery schedules return to

normal. “We will do everything possible to ensure our shelves are properly stocked with the products our customers want when they shop,” he said. “However, there will be a short adjustment period as our stores settle back into their pre-furlough operating and delivery routines.” Commissary customers can quickly find out about any changes to their local store’s operating schedule by going to <http://www.commissaries.com>, clicking on the “Locations” tab, then “Alphabetical Listing” to locate their store, and clicking on “Local Store Information.”



Sgt. Sarah Fiocco | Marine Rotational Force Darwin

Cpl. Jeffrey Hall (left), food service specialist, and Cpl. Vincent Moore (right), radio technician, both with headquarters platoon, Lima Company, 3rd Battalion, 3rd Marine Regiment, Marine Rotational Force Darwin, view an American artifact at the Darwin Military Museum, Sunday. The Australian American Association invited MRF-D Marines to tour the museum.

HISTORY, from A-1

You Marines might feel you’re just that, but for us, we don’t find you strangers at all,” said Tom Luis, museum director. “The USA was here in Darwin 71 years ago in action together fighting against a common enemy.” During that time, Japan attacked the shores of the Northern Territory in what is known as the largest bombing by a foreign power on Australia. “We recently opened a new display, ‘American alliance in the Top End,’” said Lewis. “It outlines the partnership that began with the U.S. Army Air Forces flying the only defending aircraft on Feb. 19, 1942.” It was during this attack when Australians and Americans formed a bond that still exists today. “How did the alliance manifest itself?” asked Lewis. “The answer is in sacrifice of

the ultimate nature — blood.” Lewis said that of the approximately 235 casualties from the attack, 114 were U.S. service members and 14 were U.S. civilians. This means that more than half of those killed in action during the Bombing of Darwin were American. Throughout World War II, America and Australia fought shoulder-to-shoulder here. “The fighting men of the states and its compatriots gave their all, and victory was won by the allies against the forces of totalitarianism,” he explained. “Feb. 19, 1942, was the beginning of a fruitful union between America and Australia, which eventually saw allied victory in the Pacific.” The Bombing of Darwin is still a tragic event that plays on the hearts of all Australians. “We will never forget,” said Lewis. “And the Darwin Military Museum asks that you don’t either.”

SEABEES, from A-1

seawater air from the bay. The house also has composite trim that’s more durable than wood.” An average of 10 people worked on the building each workday. The Seabees leveled the ground and prepared a stable foundation with wood molds and cement. They needed to pour some of the cement from overhead to support an outdoor shower, due to the shifting sandy location and the size of the cottage’s location. The detachment dug out the area and poured 50 cubic yards of cement, equivalent to approximately five full cement trucks. “Space there is so limited,” Agustin said. “We couldn’t put down large equipment. It was one of the hardest parts about the project because we couldn’t use bigger equipment to do it, we had to do a lot by hand.” Despite challenging conditions and needing scaffolding for the multi-story cottage, Agustin said the Seabees had no safety mishaps on the job. The unit took on construction of the 1,250-square-foot cottage to sharpen their skills using different types of building material and for military training. During Rim of the Pacific Exercise 2012, the detachment simulated building a medical treatment facility as they constructed the cottage. Daly said his previous unit also took the opportunity to work with Army builders from 84th Engineer Battalion from Schofield Barracks. The Seabees invited the soldiers to the working site to assist Army engineers in simulations and develop the Army unit’s military construction management skills. Agustin and Daly said the cottage offered a unique opportunity, allowing Seabees some control over the cottage’s finishing details. Daly, who worked in construction projects in Uganda and other places overseas, said a Seabee unit doesn’t always decide on final fixtures or see their structures develop from start to finish. “The Seabees’ quality of work is equal to newer base housing,” said Maj. Dean Stouffer, the maintenance officer at MCB Hawaii. “With their work, there’s no need for extensive maintenance at the cottage for the first several years.” Stouffer said the cottage is one of several projects the Seabees have completed at Kaneohe Bay, in addition to staffing the Self Help office that assists units with headquarters maintenance. “The Seabees do great work for us,” Stouffer said. “We’re also working on a laundry facility near a Pollock Field and Mackie Hall they’ll be building after plans are finalized.” Construction may be finished, but the Seabees are still working and moving new furniture into the retreat as well putting back historical unit memorabilia saved from the old cottage. Daly said deployment placards from units as far back as the 1950s would be inside for the new cottage visitors to see. Many are from Seabee units that no longer exist, Daly said. “The nature of mission changes and name of commands change,” he said. “But the people who know the history keep it. We take it with us wherever we go.”



Petty Officer 1st Class Rouel Agustin | Construction Battalion Maintenance Unit 303 Detachment Pearl Harbor

The new 1,250-square-foot cottage was built by Seabees from Construction Battalion Maintenance Unit 303 Detachment Pearl Harbor. The cottage overlooks Kaneohe Bay.

Sports & Health

Competitors make humid, rainy Tradewind Triathlon a breeze

Story and photos by Kristen Wong
Marine Corps Base Hawaii

Despite remnants of Saturday’s downpours lurking around Hangar 101, competitors in full racing gear dove headfirst into the Tradewind Triathlon, Sunday. The public as well as base personnel were eligible to enter the triathlon as individuals or in a relay group. The last Marine Corps Base Hawaii triathlon of the year included a 500-meter swim, 11.1-mile bike course and a 5-kilometer run.

With a loud pop from the starting gun, competitors began the swimming portion, stirring up the bay waters like a fish-feeding frenzy. Amidst cheers of encouragement, the competitors returned to the flight line, jogging beneath a misty shower of water provided by Aircraft, Rescue and Firefighting Marines holding large hoses.

Teammates and individuals alike hopped on their bicycles, and sped down the flight line. Upon completing the bike course, participants parked their bikes back at Hangar 101.

Competitor Lalo Terpin commented that although there was a strong headwind on the flight line, he said it was a good course overall, and different from last year.

Runners proceeded along the final course, which led past the flagpole, along Dewey Square, up Reed Road, and back to Dewey Square for the finish line.

The first individual across the finish line was Kirk Fritz, with a time of 58:24. Fritz, an Ewa Beach, Hawaii resident, has competed in numerous races, including five Ironman triathlons. For Fritz, the Tradewind Triathlon was his way of training for an upcoming race in Henderson, Nevada.

“It’s great to be out on the base and we’re very grateful as triathletes to be able to have events (like the Tradewind Triathlon),” Fritz said. “It’s great to have some open space (to compete).”

Running aboard MCB Hawaii also brought back memories for Fritz, who first qualified for Kona Ironman by running the Windward Triathlon, which also ended at Dewey Square in the 1990s.

As the runners passed with literally flying colors, flags adorning the finish line, family, friends, water and oranges were waiting.

Competitor Priscilla Shaw sped across the finish line



Gavin McLean runs toward Dewey Square during the run portion of the Tradewind Triathlon, Sunday.

with a time of 1:06:33, bringing her team, Lightning, in second place in the relay category.

This is not Shaw’s first rodeo, having competed in the triathlon four times — twice with a relay group. This year, Shaw, her husband and Terpin split the events three ways.

Shaw said her portion, the run, was definitely challenging, fighting the heat and humidity. She praised the volunteers for doing an “excellent job.” Though some folks may have stepped out of their normal routine to train more for the triathlon, for Shaw and her team, training never ends.

“We train 365 days a year,” Shaw remarked. “We train for life.”

While some families awaited their loved ones at the finish line, other families competed together, like David Puente and his wife. The Puentes’ daughter also raced in the Keiki Tradewind Triathlon the day before.

The 35-year-old San Antonio, Texas native said training for the triathlon brings his family closer together. The family decided to compete in this triathlon together before Puente deploys in the coming year.

When asked why he enjoyed racing, Puente said he liked the allure of the challenge.

“If you train your mind, the body will follow. That’s what I love about it,” Puente said.

Alongside racing veterans, first time competitors also participated, like active duty participant Brian Koehn, who works as an operations chief with Wounded Warrior Battalion West-Detachment Hawaii. Koehn lost 50 pounds and spent three months training for the triathlon.

Twice a week, Koehn went biking and swimming with the wounded warriors.

“I haven’t trained as much on the run, that’s my weakest spot,” Koehn said.

Though results can be very important for many people who strive for various goals such as beating their best time, Puente added that fun is also a must.

“Finish and have fun, that’s what being a triathlete’s all about,” Puente said. “If it’s not fun then why come out here? That’s the first thing I tell my daughter: ‘Just have fun, don’t take it too seriously.’”

The next race in the Commanding Officer’s Fitness Series is the Splash and Dash Biathlon. For more information, call 254-7590 or visit <http://mccshawaii.com/races/>.



Hawthorne Merkle begins the biking portion of the Tradewind Triathlon, Sunday.



David Puente and his wife Amanda relax before the start of the swimming portion of the Tradewind Triathlon at Hangar 101, Sunday. The couple competed together in the triathlon, and their daughter competed in the Keiki Tradewind Triathlon the day before.

Rain turns Keiki Tradewind Triathlon into biathlon

Lance Cpl. Nathan Knapke
Marine Corps Base Hawaii

Children from the base and local community participated in the Keiki Tradewind Triathlon at Hangar 101 Saturday. The event was held for children ages 7 through 14.

The rain started to fall the afternoon of Aug. 9 and didn’t stop before the race could start Saturday morning. Because safety was a top priority before and throughout the competition, personnel removed the biking portion of the competition due to excess water.

“The weather didn’t cooperate and we changed it to a biathlon in the best interest of the competitors,” said Meagan Early, race coordinator for Marine Corps Community Services. “Although it was supposed to be a triathlon, the kids didn’t care and still had tons of fun.”

Removing the biking portion of the triathlon made the race into a biathlon. Children ages 7 through 10 conducted a 100-meter swim and an .8-mile run. Children ages 11 through 14 conducted a 200-meter swim and a 1.2-mile run.

“The rain was cold but when the race started the adrenaline began to flow and warmed me up right away,” said Derek Burton, 14, competitor in the

biathlon. “It was my first time competing in this race and it was a lot of fun. I would definitely compete again and look forward to next years triathlon.”

Although it continued to rain heavily on the competitors, it didn’t stop the biathlon from starting at 7 a.m. On the shoreline of Kaneohe Bay, near Hangar 101, children lined up in the correct age groups and jumped into the bay to begin the race.

Children maneuvered around buoys in Kaneohe Bay to complete the swimming portion. Safety personnel on paddle boards, jet skis and motorboats closely watched all the racers to ensure everyone’s safety. If a swimmer didn’t think they could make it or needed a rest, all they had to do is wave their hand for help.

After completing the swimming portion, competitors ran through fire hoses to rinse the saltwater off before beginning the running part of the biathlon. Each person had his or her running gear stationed next to Kaneohe Bay. They hurried to put their shoes and start the journey down the flight line.

Runners sprinted down the drenched flight line toward the airstrip, then turned around and headed back whence they came, the finish line in sight. As the rain continued to pour down, participants received medals of completion.



Lance Cpl. Nathan Knapke | Hawaii Marine

Noah Allen, 10, runs along the flight line during the Keiki Tradewind Triathlon, Saturday. The event was changed to a biathlon due to excess water from heavy rainfall.



BRAGG



CHAPMAN

Versus is a recurring column tackling debatable issues in the sports and entertainment world. Hawaii Marine readers can submit a subject for future columns by emailing their ideas to HawaiiMarineEditor@gmail.com. If there’s a topic you would like to discuss/defend or if you think we missed the mark, let us know and you could see your “opinion,” regardless of how wrong it is, featured below. Suit up ladies ... it’s game time.

Is social media out of control?

Lance Cpl. Matthew Bragg VS. Lance Cpl. Janelle Y. Chapman

BRAGG: Since the beginning of the new millennium and the emergence of many online outlets like Twitter and Facebook, social media has steadily risen to become a huge part of our everyday lives. Accessible in almost every location on Earth, social media is thriving as it even becomes technology we wear. Social media is mainly used by hundreds of millions of online users who keep in touch with each other and document their daily lives. Some people argue social media is spiraling out of control. In fact, I’m arguing the same point. Although many people love social media, they are quickly gravitating from its original purpose — connecting with friends and family and sharing ideas. Instead, people are abusing social media outlets by carelessly sharing inappropriate images or posts and encouraging people to waste their lives away on insignificant games and mundane status updates. Research has shown social media can actually make a person antisocial. Social media should be regulated somehow, perhaps even limited to select devices to prevent humankind’s social demise.

CHAPMAN: Social media is not out of control. It has bloomed into one of the most useful and easy ways to keep in touch through status updates, tweets, and posts. It helps people share photos with family and friends who may not be in a traveling radius of each other. There are so many options in social media. Some prefer to update their profile

picture on Facebook, some like to tweet on Twitter about life, while others prefer to blog on Tumblr. Each of these outlets has a place in the social media spectrum. There are even social media sites just for sharing photos of ideas, likes and wants. Pinterest gives people the opportunity to share their ideas for decorating, crafts, recipes and more. What’s so wrong about sharing your photos and potentially useful ideas with friends and family?

BRAGG: There isn’t anything wrong with sharing thoughts and pictures with friends and family. However, people have forgotten how to keep in touch with each other through safer, more traditional means. Write letters to your family and friends on paper, and enclose photos in the mail. Or if that’s too hard, whip out that smartphone and use it the way phones were originally intended — to call someone.

But what about inappropriate shares? What about the guy who killed his wife last week and posted a Facebook photo of her dead body lying on the floor? Her family members were probably one of the first ones to see this photo, and imagine the impact it had on them. Photos posted to Facebook usually consist of family pictures, delicious food or cute pets. Logging onto Facebook to see a picture of a murder victim is vile, and something like that shouldn’t be displayed for the masses. Unfortunately, that photo is now on the internet forever. This is how social media is out of control.

We have become careless with what we put online, and overusing these outlets. Don’t get me wrong. Social media definitely has its advantages. We just need to learn not everything we do in our daily lives needs to be posted on the internet for everyone to see. We’ve pushed our privacy out of the door, and it’s our job to bring it back, using plain old common sense to determine what is, and is not, appropriate for the World Wide Web.

CHAPMAN: Yes, no one deserved to see that and she did not deserve to have her photo spread all through the internet, but that’s because of one man. It’s not everyday people post such distasteful and disrespectful things. Social media is a way for people to express themselves. One guy may have misused it and posted inappropriate photos but that doesn’t mean social media is out of control. If you look back to the Boston Marathon bombing, authorities made good use of the Tsarnaev brothers’ Twitter accounts in their investigation. Sometimes it works in our favor when people post more than they should. That doesn’t make it out of control because a few people go overboard. Some people play video games for hours on end. That doesn’t mean the gaming world is out of control.

BRAGG: The Tsarnaev brothers were already wanted suspects. Their Twitter accounts simply clued the authorities

into local areas where they were hiding. In fact, the authorities caught a break with that part of their investigation. Yes, social media helped, but that’s because they tweeted careless status updates that exposed them to the authorities. Like I said before, this is the kind of thing that makes social media out of control. Also, not to mention it’s beginning to have a negative impact on the country. For example, students are too focused on posting useless status updates when they should be paying attention in class and learning. Social media may be useful in many ways, but people should be mindful of what they post online, and not miss out on the important things in life just to type a stupid status update saying, “omg im bored. :/”

CHAPMAN: Social media isn’t to blame for people who can’t focus in school. If people can control themselves, they can do well in school. People just want to find a place to complain and blame others for their mistakes. Social media is opening doors and helping people stay connected. I do not see anything wrong with social media and the way it is. People connect with each other from other sides of the world and share their interests and ideas with friends and family. Social media is not a bad thing. What people do with it is what turns something good into something sour. Social media is not out of control. It’s the people using it who let things get out of hand.

SPOTLIGHT ON SPORTS BRIEFS

First Tee of Hawaii offers golf lessons

The First Tee of Hawaii is offering its program free of charge to children of active duty service members, reservists and National Guardsmen, starting Sunday at the Bay View Golf Driving Range on Kaneohe Bay Drive at 11 a.m. Children ages 7 through 18 are eligible. The program teaches valuable life skills through the game of golf. For more information, visit <http://www.thefirstteehawaii.org>, email kwz711@hawaii.rr.com or call 478-3466.

101 Days of Summer Nuupia Ponds Fun Run

Earn points for 101 Days of Summer by participating in the Nuupia Ponds Fun Run at Pollock Field, Aug. 28 at 7 a.m. Sign up as an individual or as a 20-person formation. Earn extra points for running with a guidon that displays a substance abuse slogan. For more information, call the Health Promotion Office at 254-7636.

Volunteer for 2013 Windward Half Marathon and 5K

Volunteers are needed for the 2013 Windward Half Marathon and 5K, Sept. 8 at 8 a.m., starting at Kailua Elementary School. Those interested in volunteering should contact Maureen Purington at 263-0555. For more information on the race, visit <http://beta.active.com/kailua-hi/running/32nd-windward-half-marathon-5k-and-keiki-race-2013>.

Join Hawaii Walk to Defeat ALS

The Amyotrophic Lateral Sclerosis Association Golden West Chapter is seeking volunteers for the 2013 Hawaii Walk to Defeat ALS, Sept. 21 at Kapiolani Regional Park at 11 a.m. For unknown reasons, people who have served in the military are twice as likely to die from ALS or Lou Gehrig’s Disease as those in the general population.

For more information about volunteering, contact Victoria “Nohea” Nakaahiki at hawaiiwalk@alsgoldenwest.org or 523-2500 ext. 755. For additional information, visit <http://www.walktodefeatal.org>.

Sign up for the Splash and Dash Biathlon

The annual Splash and Dash Biathlon is scheduled for Oct. 20 at Hangar 103. The race includes 500-meter swim in Kaneohe Bay, a 5-kilometer run along the runway. This general public is invited to register as an individual or pair. Oct. 11 is the deadline to register. Civilians can pick up their packets Oct. 18 at the H-3 gate from 10 a.m. to 5 p.m. and military members can pick up packets, Oct. 19 at the Semper Fit Center from 9 a.m. to 4 p.m. Packets may also be picked up the morning of the race.

Awards will be given to the top three finishers for each individual age category and the top three relay teams. For inquiries, call 254-7590.



Cpl. Luis Vasquez, automotive mechanic, Lima Company, 3rd Battalion, 3rd Marine Regiment, Marine Rotational Force Darwin, swims 50 meters as part of a Combat Fitness Leadership Course barrier test at the Northern Gym pool, July 30. Once participants reached the opposite ends of the pool, they treaded water for two minutes.

MRF-D Marines break barriers in Aussie fitness test

Story and photos by
Sgt. Sarah Fiocco
Marine Rotational Force Darwin

ROBERTSON BARRACKS, Northern Territory, Australia — Marines with Marine Rotational Force Darwin competed for two spots in the Australian Combat Fitness Leadership Course during a barrier test at the Northern Gym, July 30.

A total of seven grueling exercises make up the test, designed to measure physical fitness. The test begins with a maximum set of pushups in two minutes, followed by 100 crunches to a cadence, a 2.4-kilometer run and an Illinois Shuttle Run, which is a series of sprints that must be completed in 18 seconds or less.

“We use these exercises to determine the initial physical abilities of someone looking to be a combat fitness leader,” said Australian Army Cpl. Todd Hayes, physical training instructor. “You need to have a high level of physical ability to attend the course.”

Although the course provides service members with the skills necessary to efficiently lead physical training within Australian Defence Force units, it does not mean they will earn the title of physical training instructor.

“This course is the first step in becoming a physical training instructor,” explained Hayes. “They report through the guidance of a physical training instructor, but they’re able to take physical training to a certain level inside the ADF.”

The Marines with this rotation are the first to take part in the CFLC barrier test.

“We are 100 percent excited to have the Marines participate in the course,” said Hayes. “It gives our guys a chance to see how other services conduct physical training. I think it will be challenging for both the Americans and the Australians.”



Marines with Marine Rotational Force Darwin climb a rope as part of a barrier test at the Northern Gym, July 30. The two Marines with the best test performance will qualify for the monthlong Combat Fitness Leadership Course.

Because the MRF-D Marines have never participated in the CFLC barrier test, they found some of the exercises particularly challenging.

“The swim was the hardest part for me. Your muscles are tired from doing the rope climb, pushups and all the other exercises,” said Lance Cpl. Francisco Deleon, radio technician, Lima Company, 3rd Battalion, 3rd Marine Regiment, MRF-D. “After all that, it takes its toll on you to swim 50 meters in cammies.”

Physical fatigue aside, Deleon said he is excited at the prospect of becoming a combat fitness leader.

“I hope I get to move on to the actual course,” said Deleon. “I’ll get to interact more with the Australian Army and create some bonds.”



Participants conduct a maximum set of pushups in two minutes as part of a Combat Fitness Leadership Course barrier test at the Northern Gym, July 30.

BASE, COMMUNITY EVENTS AND VOLUNTEER OPPORTUNITIES

Volunteers needed for 19th annual Susan G. Komen Race for the Cure

Volunteers are needed to help with packet pick up at Ward Center on Oct. 16 through 18 from 3 to 7 p.m. and Oct. 19 from 9 a.m. to 1 p.m. Volunteers are also needed Oct. 20 assisting with set up, staffing water stations, cheering on the runners and cleaning up. To volunteer, contact Lori Garcia at 754-6659 or email komen@komenhawaii.org.

Register for Operation Hooah 2013 Joint Spouses’ Conference

Registration for “Operation Hooah,” the 2013 Joint Spouses’ Conference, is available at <http://www.jschawaii.com>. This year, the conference will be held at Schofield Barracks, Oct. 5.

This year’s JSC offers a wide variety of workshops and adventure-driven activities, a guest speaker, information expo, food, and a wrap-up party. Some workshops include a hands-on Thai cooking experience, stand up paddling and ocean kayaking. Attendees must be pre-registered to attend the conference, and spots fill up quickly. Visit the Joint Spouses’ Conference 2013 Facebook page for frequent updates on new workshops and conference details.

Join Breastfeeding Support Group

Learn and support other breastfeeding moms in a supportive atmosphere facilitated by a Certified Lactation Educator in the Breastfeeding Support Group, Monday in building 216, room 63 from 2 to 3 p.m. Babies and expectant mothers welcomed. The group is open to all active duty, family members and Department of Defense civilians. For more information, call New Parent Support Program at 257-8803.

Hawaii State Hospital seeks volunteers

Hawaii State Hospital offers a variety of patient-services volunteer experiences, which become available from time to time. These may be of interest to volunteers with experience or educa-

tion in health or related fields, or others with no experience but willing to learn about patient care for adults with serious mental illnesses.

Scheduling is flexible. Typically, volunteers serve weekdays between 8 a.m. to 8 p.m., from one to three hours a week, up to a maximum of 18 hours a week. Minimum requirements include a written application, interview, references, criminal history background and court record checks, tuberculosis clearance, a minimum six-month commitment, and attendance at volunteer orientation classes. Contact Douglas Pyle at 236-8292 or email doug.pyle@doh.hawaii.gov with inquiries.

Andrew Rose Gallery presents ‘On Paper II’

Andrew Rose Gallery is proud to present “On Paper II,” showcasing a majority of the gallery’s recently expanded roster of artists and the various ways they explore different media on paper. The exhibit runs through Sept. 27. The gallery will also be open Sept. 6, from 5 to 9 pm., for First Fridays. All public events are free. The gallery is located in Pauahi Tower on Bishop Street. The gallery is open Monday through Friday from 11 a.m. to 5 p.m. and by appointment. Call 599-4400 or email info@andrewrosegallery.com.

Savor history at the 11th annual Wahiawa Pineapple Festival

Come out Saturday to honor the community’s history as the “Pineapple Capitol” at Wahiawa District Park from 10 a.m. to 6 p.m. The parade starts at 9 a.m. at California Avenue, featuring the Royal Hawaiian Band. The Wahiawa Jazz Festival will also begin at 2 p.m. with a free concert playing after the parade. For more information, see <http://www.wahiwapinefest.com/>.

Volunteer to restore Oahu streams

Every month volunteers assist in restoring the Hakipuu Stream by removing invasive plants and replanting native foliage. The next work day is Aug. 24 from 8 a.m. to noon. Volunteers younger than 16

must attend with an adult. Participants younger than 18 without their parent must have a signed waiver. Volunteers required to RSVP. For details, call 381-7202 or email nalani@huihawaii.org.

Base theater adds new showtimes

Due to popular demand, the base theater has added new showtimes, effective Sept. 6. The new showtimes include Wednesday at 6:30 p.m., Friday and Saturday at 6:30 and 9:15 p.m., and Sunday at 2 and 6:30 p.m. For more information, call the theater at 254-7642.

Annual Rice Festival scheduled in September

The public is invited to the free 4th Annual Rice Festival, Sept. 1, from noon to 5 p.m. at Ward Centers. Sample various rice dishes from more than 30 rice vendors, participate in a spam eating contest or watch experts attempt to build the world’s largest spam musubi. There will be activities, demonstrations and entertainment. For more details, visit <http://www.ricefest.com>.

Take the Baby Signs Workshop

Learn a fun and interactive way of communicating with your baby through baby signing at the Baby Signs Workshop Sept. 3 in building

220, classroom A, from 9 to 10 a.m. The four-session workshop consists of an hourlong introductory session for parents only, followed by three 30-minute sessions with your infant. The class is expected to fill up fast. You do not have to be in the Exceptional Family Member Program to participate. For details, call the EFMP at 257-0290.

Public invited to Kokokahi Community Fair

Save the date for the Kokokahi Community Fair, scheduled for Sept. 14 from 9 a.m. to 4:30 p.m. This free event will include food trucks, live entertainment including band Holunape, a keiki fun zone with inflatables and slides, and cultural activities. On-site and satellite parking will be available as well as shuttles. Contact Wendy Chang at wchang@ywcaoahu.org or call 695-2620.

Watch Honolulu Polo Club games

Top players duke it out in Waimanalo each Sunday through the polo season ending Oct. 27. Free admission is granted to service members and their families upon showing military ID. The field is located at 41-1062 Kalanianaʻole Hwy. Gates open at 1 p.m., matches begin at 3 p.m. For details, see <http://www.honolulupolo.com/>.

MARINE MAKEPONO
Means ‘Marine Bargains’ in Hawaiian

Kaneohe studio apartment for rent. Large deck with ocean view of Chinaman’s Hat and Marine Corps Base Hawaii. Includes custom bathroom with hot tub/shower, covered parking, refrigerator and sink with disposal. No smoking or barbecuing. \$1,300. For more information, call 239-5459.

Multiple pairs of dance shoes for sale. Selling gently used shoes with slick suede bottom soles. Shoes come in the colors red, cream, black, white or bronze with various style straps. In medium or wide widths, in sizes 8.5 to 9. Purchased at \$40 per pair, but will take best offers. For details, call 257-8837.

If you would like to sell, buy or trade something in th e Marine Makepono section of the Hawaii Marine, fill out a form at the Marine Corps Base Hawaii Public Affairs Office in building 216, room 19. Please have your military ID and a short write-up of what you’d like to run. You can fill out the form on the spot or return it to the office later. Emails, faxes and telephone calls are not accepted for Makepono classified ads. Marine Makepono may only be used by active duty, reserve, retirees or their immediate families.



ABOVE: A player for Marine Aviation Logistics Squadron 24 prepares to kick the ball down the field during the 101 Days of Summer Soccer Tournament championship game at Riseley Field, Wednesday. **RIGHT:** Third Marine Regiment players, wearing red jerseys, attempt to steal the ball from a Marine Aviation Logistics Squadron 24 player during the game.

MALS-24 defeats 3rd Marines, 2-1, takes 101 Days soccer championship victory

Lance Cpl. Matthew Bragg
Marine Corps Base Hawaii

Marines and sailors with Marine Aviation Logistics Squadron 24 ousted 3rd Marine Regiment in a 2-1 victory during the final championship game of the 101 Days of Summer Soccer Tournament at Riseley Field aboard Marine Corps Base Hawaii, Wednesday.

Both teams began their final soccer game of the 101 Days of Summer tournament in a winner-takes-all bout. The game began at 6:30 p.m. with a blow of a whistle. Both teams moved the ball up and down the field and changed possessions several times.

The game was neck and neck, until MALS-24 made a hard push through 3rd Marines’ defense and opened the scoring with the first goal of the match. MALS-24, right midfielder, Justin Longoria, was an asset, scoring both goals for his team.

“We’ve worked really hard to get here, and

it’s definitely a great opportunity to be in the championship game,” Longoria said. “We were struggling to penetrate their offense, but we made a good play and were able to find the back of the net.”

During the first half, 3rd Marines struggled to find scoring opportunities and grew frustrated. They refocused their minds during halftime and managed to score a goal halfway through the second half.

A 3rd Marines’ forward, Matthew Noah, capitalized on a penalty kick and scored a goal to make it 2-1.

“We were trying to take some risks so we could come back,” said Nick Lanza, goalkeeper for 3rd Marines. “We were able to get our opponents to bite, resulting in a penalty kick. We got a good kick and scored.”

Unfortunately for 3rd Marines, MALS-24 fought back and sustained their lead. After scoring their only goal, 3rd Marines was bombarded with penalty calls.



Photos by Lance Cpl. Matthew Bragg | Hawaii Marine

Third Marines attempted to make a final offensive effort to tie the game, but the clock hit zero and the final whistle was blown.

The MALS-24 team is relatively new, with some inexperienced players. The team practiced two times a week to prepare for the 101 Days of Summer Tournament.

“We try to play with a lot of enthusiasm and learn each others movements on the field,” Longoria explained. “It helps us connect the dots and make a play against our opponents.”

MALS-24 and 3rd Marines’ players lined up on the field and congratulated each team on their efforts and competitiveness.

“It feels good to finally come out on top this year,” said Tyler McCreight, captain of MALS-24. “We kept a cool head and stayed level-headed throughout the game. I think that’s what contributed to our win tonight.”

Developing monitors of MCB Hawaii’s energy efficiency

Sgt. Trista Kirkland

Facilities Department

A building energy monitor tasks Marine Corps Base Hawaii residents and workers to become more energy and water efficient. In accordance with the base commanding officer’s energy policy, every energized building on base will have a designated BEM.

The primary responsibility of a BEM is to assist the energy team in achieving the objectives of the command energy program. Specifically, BEM responsibilities include:

- Familiarity with their respective building utilities systems, including electrical power and lighting, air conditioning, hot and fresh water.
 - Providing day-to-day monitoring of building occupants’ energy conservation efforts; observing, informing and encouraging good energy-saving habits.
 - Recommending energy-saving changes to the building’s operating procedures.
 - Reporting habitual violators of conservation measures to their utility conservation manager.
 - Serving as a point of contact for the building’s energy issues, problems and costs.
 - Knowledge of the base’s energy and utilities conservation policy statements and base order, while setting a personal example.
 - Monitoring the operation of the building through periodic energy audits, and recommending energy efficiency projects for the building.
- The success of a BEM requires up-front planning and development prior to implementation. The initial

development effort may be time consuming; however, the long-term payout of a well-planned program is well worth the invested time and money saved.

For any mission to be successful we will need command support, but due to limited staff and authority of the energy manager, support at a high level is crucial. A signed instruction or directive from the commanding officer is the foundation to any successful program. Support of the energy program by the commanding officer ensures the BEM program and the energy manager receive proper attention from the entire command. If direct command support is not possible, then the energy program must be backed by the public works officer and the energy team in order to achieve its objectives.

Often, designated BEMs have little or no experience with energy management; therefore, it is very important to establish guidelines for them to follow; MCB Hawaii Building Energy Monitor’s Handbook, the MCB Hawaii Energy and Water Conservation Policy Statement, and the MCB Hawaii Utility Conservation Manager and Building Energy Monitor Program Policy Statement will be a part of the Tool Kit. The Facilities Department Energy Team also offers Utility Conservation Manager and Building Energy Monitor training classes, which detail the responsibilities of a BEM. The course also provides the general energy and water efficiency information necessary to perform those responsibilities and meet the specific objectives of your energy program.

A BEM needs to be designated for each building at the command. In most cases, more than one BEM may be needed for very large buildings, buildings with

multiple tenants, or merely as a backup plan. For a building with multiple BEMs, a floor plan may be used to show an outline of each BEM’s area. This will ensure the entire building is covered and there is no overlap in areas of responsibility.

It is recommended volunteers initially be recruited for the BEM position. Typically anyone who volunteers for the position has a specific interest in energy efficiency and will tend to be more successful and proactive. Otherwise, BEMs may be chosen by the commander, public works officer, or the Utilities Conservation Manager. Typically the facility manager is a good choice for the BEM due to in-depth knowledge of the building and its operation. If the facility manager is unable to perform the task, he/she should be able to identify qualified candidates. With proper training, most individuals with initiative and dedication will make successful BEMs.

A BEM program commonly includes a monthly energy audit, and energy managers will also have periodic training sessions with the Facilities Energy Team to provide any new information about the program. This will include updates on energy consumption, energy audit results, success stories in specific buildings, and additional guidance to BEMs on questions and issues. The training sessions also allow the BEMs to share their best practices. The energy team may also decide to recognize units that show the most motivation and interest in saving energy and water on base.

Editor’s note: Sgt. Trista Kirkland can be reached at 257-6720 for more information about BEMs.

Hawaii Marine Lifestyles

'Scarface' slices the competition

Marine Light Attack Helicopter Squadron 367 battles Marine Corps Air Station Kaneohe Bay in tug of war during the 101 Days of Summer Field Meet Unit Challenge at Riseley Field, Wednesday.

HMLA-367 wins 3rd annual 101 Days of Summer Field Meet Unit Challenge

**Story and photos by
Lance Cpl. Suzanna Knotts**
Marine Corps Base Hawaii

A fierce battle of wills and competitive spirit raged during the 101 Days of Summer Unit Challenge Field Meet at Riseley Field, Wednesday.

Five Marine Corps Base Hawaii units competed against each other in multiple events, like jousting, 100-yard dash, tire flip, tug of war, volleyball, horseshoes and big trike race. Some of the events, like volleyball, lasted throughout the morning.

The five competing units were Marine Corps Air Station Kaneohe Bay, Headquarters Battalion, Fleet Logistics Support Squadron 51, Marine Aviation Logistics Squadron 24 and Marine Light Attack Helicopter Squadron 367. Some of the units were broken up into multiple teams.

Neil Morgan, the Health Promotion Office coordinator, said there were approximately 120 people in attendance.

"This event is in its third year," Morgan said. "It's a great way for units to earn points for the 101 Days of Summer (campaign), which will go toward the main cash prize for (a unit's) discretionary funds."

Each unit's teams displayed winning determination in all the events, but the teams of HMLA-367 dominated throughout the day, winning six of the seven first place awards at the end of the field meet.

Lance Cpl. Robert King, a radar technician with MCAS and native of Blaine, Wash., said out of all the events, he was looking forward to playing volleyball the most.

"Sometimes my shop will play volleyball together,



Marine Light Attack Helicopter Squadron 367 Team One competes in the tire flip event during the 101 Days of Summer Unit Challenge Field Meet at Riseley Field, Wednesday. Five Marine Corps Base Hawaii units competed against each other in multiple events like the joust, 100-yard dash, tire flip, tug of war, volleyball, horseshoes and big trike race.

so I thought it would be fun playing at this event," King said. "I think events like this help shops get to know each other, so it's a good bonding experience. Spending time together outside of work like this encourages good working relationships."

Contestants competed in the big trike race by wearing beer goggles and maneuvering their way through cones on a large tricycle. The goggles, which were provided by the Substance Abuse Counseling Center, showed how difficult it is to operate even a scooter when under the influence.

Lance Cpl. Mohamad Hanino, a communications technician with MCAS and native of Houma, La., said his team didn't win but he still enjoyed the event.

"I think it would be great if our families could come out and participate," Hanino said. "It's a great way to spend time together and builds unit camaraderie."

The jousting event was held inside of an inflatable bouncy house and the competitors used pugil sticks to bring each other down. Contestants were divided into gender and weight categories for the fight.

Morgan said the field meet is a good way for MCB Hawaii's units to compete against each other.

"This event is a good addition to 101 Days of Summer," Morgan said. "It's usually held toward the end of summer and it's a fun, multi-disciplined activity. It also focuses on alcohol reduction and drug prevention. The field meet gives Marines and sailors the chance to do something fun besides going to Waikiki."



ABOVE: Lance Cpl. Jordan Kane (left) and Lance Cpl. Phillip Collins from Marine Light Attack Helicopter Squadron 367 compete against each other in the joust event during the 101 Days of Summer Field Meet Unit Challenge at Riseley Field, Wednesday.

Lance Cpl. Peter Kaminski, an air frames mechanic with the Marine Light Attack Helicopter Squadron 367 team "Voluntolds" competes in the big trike race during the 101 Days of Summer Field Meet Unit Challenge at Riseley Field, Wednesday.



Marine Aviation Logistics Squadron 24 and Marine Corps Air Station Kaneohe Bay compete in volleyball during the 101 Days of Summer Field Meet Unit Challenge at Riseley Field, Wednesday.

PASS

IN

REVIEW

Your weekly guide to the best aspects of entertainment

Welcome to the Pass In Review, your No. 1 source for cinema, music, video game, book and product reviews. The Pass In Review crew consists of more than 10 critics, each with their own idea of what makes a movie, album, game, product or book great. So be sure to take advantage of the Better Know A Critic section, which spotlights this week’s critics to better help you choose the critic with opinions most like your own. Using our breakthrough four-point scale system, you can quickly decipher what is worth your time and what isn’t, or read the full review for an in-depth analysis and explanation of the rating. The rating system uses ammunition and range terminology, so if you’re not familiar, here’s a quick breakdown of the ratings ...

- 1/4 — No Impact, No Idea

Horrendous. Among the worst of the worst in its genre. Dedicating time to this is not only wasteful, but unforgivable. Avoid at all costs.


- 2/4 — High And To The Right

Mediocrity at its best. Lacks a few things that might have made it really good. A decent time waster, partake only if there’s nothing better to do.


- 3/4 — On Target

Praiseworthy. A great endeavor, not quite an instant classic but still very entertaining. This is a sound investment of your time.


- 4/4 — Confirmed Kill

Genius. In the top 10 percent of its genre. This is the stuff legends are made of. Missing out on it would be a disservice to yourself.



So, there you have it and we hope you enjoy our weekly reviews. Don't forget, the Hawaii Marine accepts submissions from its readers so if you consider yourself a film buff, music aficionado, gaming geek or bookworm, feel free to submit your own reviews.

Better Know A Critic



KNAPKE

Lance Cpl. Nathan Knapke enjoys watching movies that are original. His favorite kind of movie always has him guessing what’s going to happen next. If it’s a true story, Knapke thinks it makes the story much more believable and interesting.

Matt Damon takes ‘Elysium’ head on

Lance Cpl. Nathan Knapke
Marine Corps Base Hawaii

The movie starts more than 100 years into the future, where only the wealthy can live on an orbiting satellite paradise called Elysium. At the beginning of the film, Max (Matt Damon) and Frey (Alice Braga) look up from Earth at Elysium as young children. Max and Frey dream of going to Elysium and Max promises Frey that he will bring her there one day.

Elysium is a huge ring orbiting Earth with mansions and technology to make anyone happy and healthy for the rest of their lives. The tools on Elysium can heal disease and injury within seconds, but this technology is kept away from Earth.

Max, an ex-convict who keeps himself out of trouble anyway he can, has a normal job and his friends make fun of him for it. While working his day job, he comes into contact with extreme amounts of radiation, giving him only five days to live — unless he can reach Elysium.

The director, Neil Blomkamp, took

the “What would you do if you knew when you were going to die?” scenario to another level.

No one from Earth is allowed on Elysium unless authorized. If anyone tries to get onto Elysium they are shot down in space.

Max knows that if he makes it to Elysium within the next five days, he can save himself from dying. He goes to Spider, (Wagner Moura) his old convict friend, and tells him he would do anything to get to Elysium. Spider grants Max his wish and enables his cause with an exoskeleton.

I really enjoyed the plot of this movie because it took the issue of knowing when you could die and put a dramatic twist on it. It made me ask myself, “What would I do if I were in Max’s situation?”



During his journey, Max finds out that Frey’s daughter has Leukemia and is nearing death. His mission to save himself from dying, quickly transitions over into saving his friend’s daughter. Throw some guns, bombs, bounty hunters and advanced technology into the mix and Max has a seemingly impossible task ahead of himself.

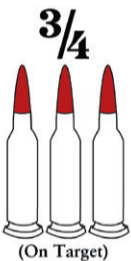
This was the main plot for the rest of the film with a couple of key details left out. I encourage you to go find out for yourself what they are.

What really startled me about the movie was that everything didn’t seem too far out of the realm of possibility. No one really knows what the world is going to be like in the distant future. I thought this was a creative way to tell a story and show how corrupt the world

could be. The film definitely hints at some political issues but doesn’t overwhelm the movie with it.

Although the film was entertaining, it is an R rated movie and I agree with the rating because I wouldn’t say it’s a great family day movie. Elysium has some gory and somewhat violent scenes, but I liked each and every one of them.

The ending of the movie can be closely related to visiting a restaurant and having a great meal, but when dessert rolled around it didn’t meet expectations. I was really upset how the film ended. I think the director could have done so much more, given the work put into the rest of the film. If the finale was more complete, it would be one of my favorite movies. Until the director figures out how to end a movie, I regret to inform you the movie will stand with only three out of four bullets.



Prices: All shows are \$3.25 for adults and \$2.25 for children. For ticket pricing, the Base Theater Box Office defines an adult as a patron 12 and older and defines a child as a patron from 6 to 11. Children 5 and younger are admitted free of charge. Parents must purchase tickets for R-rated movies in person at the box office for children 16 and younger. Patrons must present their military identification card when purchasing tickets. Call **254-7642** for recorded information.



- “The Lone Ranger” PG-13 Today | 6:30 p.m.
- “World War Z” PG-13 Today | 9:45 p.m.
- “Grown Ups 2” PG-13 Saturday | 7:15 p.m.
- “The Conjuring” R Saturday | 9:45 p.m.
- “Turbo” (in 3D) PG Sunday | 2 p.m.
- “Despicable Me 2” (in 3D) PG Sunday | 6:30 p.m.
- “The Conjuring” R Wednesday 6:30 | p.m.

Health Promotion Office offers smoking cessation courses

Lance Cpl. Janelle Y. Chapman

Marine Corps Base Hawaii

More than 23.7 million smokers attempted to quit in 2010, according to a smoking cessation fact sheet from the Centers of Disease Control and Prevention website. Marines, sailors and their families can find help quitting tobacco with classes offered by Naval Health Clinic Hawaii and the Health Promotion Office. Classes are available every Tuesday at 10 a.m. on the second floor of the NHCH Kaneohe Bay branch. The hour-long classes last four weeks, starting on the first Tuesday of each month, lasting an hour. The classes are led by either Neil Morgan, health promotions coordinator for Marine Corps Base Hawaii, or Eleanor Bru a registered nurse from Makalapa Clinic. Morgan can lead the classes but is not qualified

to give out medications like Bupropion. “Some of the people who come can be very successful,” Morgan said. “You can tell who will succeed. I’ve had people come up to me a year later and (say), ‘Thanks, I’ve been smoke-free for the last year’.” The first class is an introduction class taught with a Power Point presentation and discussions. Each class has between three to four participants, sometimes more or less. Homework is assigned the first day of class. The students must keep a log for three days and write down every cigarette they’ve had, what time, who they were with, what they were doing, and how they felt when they smoked. They also need to pick a “quit date” so that they can prepare for success. Each class normally consists of group discussions. The class covers triggers and time for students to share experiences and advice on what has worked and not

worked for them in the past. “There are some days where I want to quit and some when I don’t,” said Lance Cpl. Chris White, fire direction and control specialist, 1st Battalion, 12th Marine Regiment. “But I know I need to quit. This class is more of a foundation than just quitting cold turkey.” Active duty service members and family members participating in the class are given the opportunity to receive nicotine patches, nicotine gum or medicine to help with quitting for free. Department of Defense civilians are welcome to attend the classes but cannot receive free nicotine replacement therapy or medications. The success rate is raised when people participate in the class as well as use one of the medications or nicotine substitutes. Eligible participants who are interested in attending can call 254-7636 or show up for the class.

ENVIRONMENTAL CORNER





Fire! Fire! Fire!

Are open fires, better known as ground fires, permitted on the beach? The answer is a resounding “No!”

The prohibition on ground fires can be found under Base Order P5500.15B CH 5, which states that open fires are prohibited on all Marine Corps Base Hawaii properties including all training areas, recreational areas, beaches and shoreline as well as campgrounds.

However, the only authorized fire is one that is contained within a commercial-style grill or fire pit that is raised off the ground. Anyone found in violation of this is subject to a citation by the Federal Conservation Law Enforcement Officer or the military police. The prohibitions are also stated on Marine Corps Community Services-issued camping permits and on campsite signs.

Embers from fires have the potential to catch shoreline vegetation on fire, which could then spread into federally protected wildlife areas and even homes. Burned garbage, nails, glass and more often gets left in the fire pits and hot coals get covered in sand. This would be a very unpleasant surprise for someone walking along the beach to step on.

For your safety and the protection of the natural resources it is important to never